## Physics

Motion and Energy

## The Nature of Forces

What is a force - Gives energy to an object causing it to move, stop or change directions.

1. A force is a push or a pull
2. Balanced forces (cause no change in movement) vs. Unbalanced forces (causes change in movement)
3. Combining Forces:



## Friction

1. Friction is a force that opposes motion
2. Friction will cause an object to slow down and eventually stop

Example: Ball rolling down a hill

## 3 Types of Friction

| Sliding | Opposes the motion <br> of the object on <br> surface |  | Push chair against <br> floor |
| :--- | :--- | :--- | :--- |
| Rolling | Between wheels <br> and surface |  | Ball Bearings <br> Skate board <br> Roller blades |
| Fluid | Opposes motion of <br> object in a fluid |  | Swimming pool |

## Forces

- Push or a pull in a particular direction
- When something is dropped it is pulled to the ground by gravity
- Forces affect motion ( start moving, move faster, move slower, stop moving, change direction, change shape)
- Forces are measured in newtons
- Forces usually act in pairs
- Forces usually can not be seen but their effects can
- Forces can cause acceleration



## Forces in the Same Direction



Forces in Different Directions


## What is Physics?

## The study of forces and motion

Motion- occurs when an object changes position over a period of time compared to a reference point.
A. Frame of Reference - use a certain point to observe how far an object moves
*Most common frame of reference is Earth and Earth features
*Can be stationary or Moving


When the elevator accelerates upward, the spring scale reads a value greater than the weight of the fish.

When the elevator accelerates downward, the spring scale reads a value less than the weight of the fish.


## Measuring Motion

Change in position over time


Distance - how far something travels. Direction does not matter.
Displacement - how far something is from where it started (Direction Matters)
Example: Three cities lie in a straight line. City A is 12 km from City B. City $B$ is 6 km from City C. Suppose a delivery drive begins in city A and Travels to city C. Then she travels t city B.

Distance - it would be 18 km from A to C and then 6 back to $B$ for a total of 24 km
Displacement - The driver began at $A$, ended at $B$ so the total displacement is 12 km

## Speed

The distance traveled by a moving object per unit time.
The formula for average speed is total distance divided by total time.
Two types of speed

1. Average speed
2. Constant speed


## Velocity

Speed of an object in a particular direction

- Velocity changes as direction changes
- Combining velocities
- Speed is not equal to velocity
A. Add velocity if objects are moving in the same direction
B. Subtract velocities if objects are moving in different directions

